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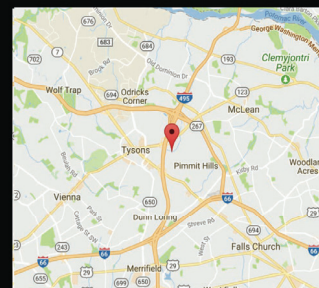
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HOW TO BE A VEGETARIAN DURING THE TURKEY HOLIDAYS



“When I was fourteen, I bravely walked up to my parents and declared that I was becoming a vegetarian. As most parents would, they smiled and replied, “Sure sweetie, whatever you say.” Thus started the very long and tedious transition to vegetarianism. Whoever says becoming a vegetarian is easy; they’re lying. Especially when you’re younger and doing it all on your own. I wrestled with food for months before figuring out the right vegetarian diet. Even now, ten years later; I’m still learning.

When it comes to the holidays, lavish family dinners can be a bit tricky for vegetarians. Through trial and error, I have learned what works and what doesn’t.

My typical Thanksgiving dinner plate usually contains green bean casserole, meat-free stuffing, sweet potatoes with extra marshmallows and tons of mashed potatoes with vegetarian gravy!

I have two main jobs on Thanksgiving Day: The appetizer and the dessert. Cheese is my favorite food and almost none of the traditional Thanksgiving recipes include cheese as one of the ingredients. I pick out a couple different types of cheeses, jams, crackers and grapes and lay it out on a very nice spread that everyone snacks on throughout the day while we cook. It’s the perfect combination to keep you fueled without filling you up.

For dessert, my family loves to indulge in apple pie, and making it from scratch together makes us love it even more. Homemade apple pie is actually easier to make than it sounds. Plus, the smell of fresh apple pie baking in the oven will make you want to save some room for dessert.

Over the years, I have discovered some great Thanksgiving meat alternatives, such as vegetarian gravy. My favorite is Simply Organic Vegetarian Brown Gravy, which is 100% vegetarian-friendly and can be found in your local grocery store! This is the perfect boost of flavor to add for the mashed potatoes and all of the other fixings. My Mom makes roasted garlic mashed potatoes that are heavenly. She also adds extra marshmallows to the sweet potatoes. No turkey means you can double the potatoes!

My Dad becomes my superhero because he makes his famous stuffing just for me! Another dish that I can’t help but to overeat is my Mom’s green bean casserole. Besides the sweet potatoes, it’s the only colorful food on my plate. Even though I don’t eat turkey for Thanksgiving, there are a lot of great alternatives.

So yes, my plates are filled with carbs; but it’s my version of Thanksgiving. It’s the time spent with loved ones cooking, baking and enjoying it all together that makes Thanksgiving so special; not just what you eat. Happy Thanksgiving, everybody!



Michele Katsaris
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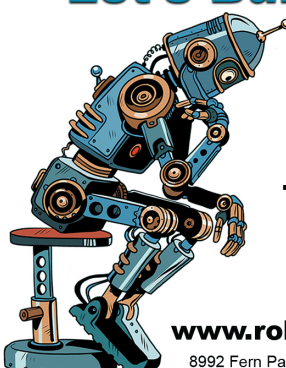
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HARPER MACAW:

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A good bar of chocolate should be complex. It should have layers of flavors like bark, cloves, coffee and fruit. It should have a nutty taste and deep undertones. The bar should also be both bitter and sweet, but not too sweet that the whole bar is eaten in one sitting.

This complexity of chocolate has always fascinated Sarah Hartman. A foodie by nature, she knew she wanted to work in the food industry. While living in her home country of Brazil in 2010, she quit her job in human resources and attended culinary school to pursue her dream. While in school, she worked in several restaurant kitchens, but soon learned she “hated restaurants, but loved food.”

She quit culinary school and began to research different gourmet and artisanal foods like cheese, wine and beer.

“But nothing caught my attention quite like chocolate did,” said Hartman, a lifelong chocolate fanatic. “Even in culinary school, I wanted to be doing something with chocolate.”

Tucked into a far corner of Northwest Washington near Maryland, is D.C.’s very own chocolate factory, Harper Macaw, started by Hartman and her husband. You won’t find orange-tinted men or foil-wrapped bars loaded with sugar. But in the converted newspaper distribution center, you will find a small showroom, an assembly line, kitchen space and artisanal chocolates.

Harper Macaw is a chocolate factory, versus a chocolatier. The factory takes cocoa beans and transforms them into chocolate—whereas a chocolatier creates confections with pre-made chocolate.

“When I learned more about the production of it, I was really fascinated,” Harper said, who is also

the mother of a toddler.

They specialize in five “base chocolates,” known as the Rainforest Collection—one “adult” milk chocolate, three single-farm chocolate bars and a chocolate bar blended with beans of multiple farms.

“Blends make more enjoyable chocolates because it brings together what’s the best from all these different cocoas. It doesn’t highlight one flavor over another,” she said.

Then they also have specialty bars: There’s a mocha bar made with Compass Coffee, and a bourbon-barrel-aged chocolate bar, where the cocoa beans are aged in a barrel from D.C.’s One Eight Distilling.

Hartman is not afraid of playing with non-traditional flavors. During the 2016 presidential campaign, she created a line of bars known as the Political Collection. The tea party bar was infused with Earl Grey Tea. Red State was infused with raspberries and strawberries.

The percentages marked on the bars’ wrappers indicate how much cocoa is within. The higher the percentage, the more cocoa is included and the more intense the flavor, “but it should not dictate how bitter or non-bitter that chocolate is.” (Think dark chocolate.)

In 2011, Hartman and her husband moved to the United States. Still immersed in the chocolate industry, she kept reading and researching. By talking to different producers and continually reading, she wanted to discover what her niche would be.

“There isn’t a school that you go to where you come out and you’re a chocolate maker. You kind of have to figure it out yourself,” she said.

The factory opened in December 2015.

Hartman found her niche: She makes it a point to only source her cocoa from three Brazilian farms, “because many of the craft chocolate makers in the U.S. were not using Brazilian beans.”



Two farms are located near the Atlantic Ocean while the third is located in the Amazon rainforest. The climate of these regions—the salty sea air, the proximity to the equator, elevation and soil profiles—deeply impacts the cocoa.

And she knows those farmers through connections. It's a close-knit community and building those relationships is tough, she admitted.

"You don't take a trip, land there and visit a farm," Hartman said. Her and her husband had to visit several different farms and cultivate relationships before deciding on their providers.

Conversation and the environment are incredibly important to Hartman. Five percent of each of the bars sold goes to a conservation project that aids to reforest deforested areas in Brazil.

"On average, each of our bars helps reforest 20 square feet of rainforest. Cocoa comes from the rainforest. The best cocoa comes from farms that mimic the rainforest. We're making sure the rainforests around our farms are very healthy so that we have a very secure supply chain of cocoa."

Everything from bean cleaning to bar production is done at the factory. Once the beans are cleaned from debris, they're roasted in a process similar to coffee, but longer and slower. Roasting times depend on the recipe, but it could be between 45 to 120 minutes, and no higher than 300-degrees Fahrenheit.

It's during the roast where the flavors of the cocoa beans are developed and chemically altered.

"Imagine a piece of raw steak you put on the grill," Hartman explained. "You're developing the reactions in



that steak. Same thing here."

A goal for Hartman is to become known as D.C.'s chocolate. She would love to see her bars sold in area shops and work with local chefs and others in the hospitality industry to use Harper Macaw chocolate in their recipes.

The factory is like a second child to Hartman, who gave birth to a son in 2016. Having her baby, she said, has really taught her to focus. She works hard to not mix the roles of mother and business owner.

"I don't want to be with him and on

my phone answering emails," she said. "More than anything, this is what I want my son to grow up with: Us working hard and showing him that he can build or work for something, and be proud of that."

Hartman continues, "It can be very easy to think that you know everything when you own a business that you know everything, that you're going to get it right, and that you don't have a lot to learn. But, everyday I realize I have a lot more to learn. It's taught me that improvement is continuous."

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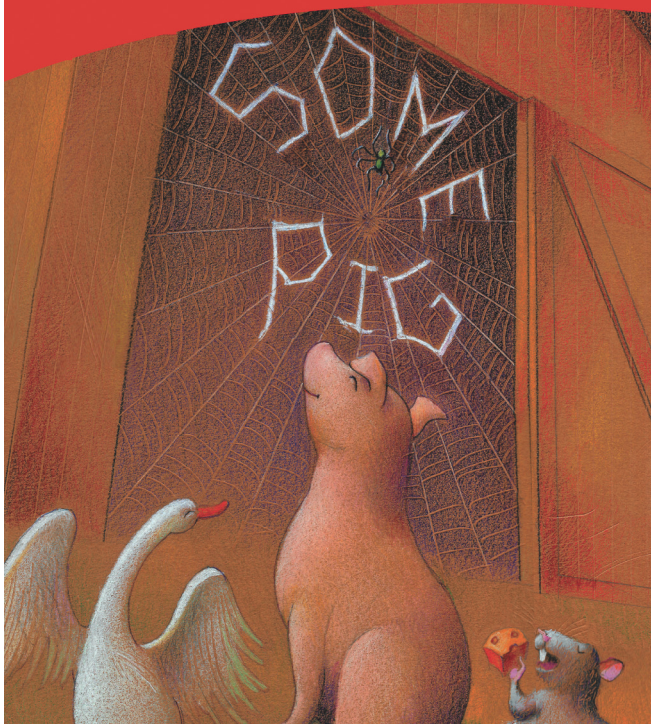

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Urgent Care vs. ER:

How to Decide Where
to Take Your Child

TEXT: Dr. Subir Jossan & Dr. Steven Neufeld

**Just knowing where to go could
save you \$1,000 in medical costs.**

Americans make more than 130 million visits to the emergency room each year. And up to 20 percent

of those visits are for minor conditions – such as a sprain or bronchitis – that could be treated in an urgent care clinic

or a physician's office. Caring for these patients outside of the emergency room could save as much as \$4 billion a year. More importantly, knowing which level of care is appropriate could save you hours of time and a significant amount of money. For patients in Northern Virginia, the average emergency room visit costs \$1,124, according to Virginia Health Information, and lasts over four hours. In comparison, patients pay \$150 on average for an urgent care visit and typically wait just 15 minutes for prompt medical attention.

But when you suffer sharp pains in your back, or your child is injured on the sports field, it can be hard to judge which level of care would be best. Here are a few tips for deciding where to go with an injury:

Evaluate the energy level

High-energy injuries are those that involve speed or height, such as a car accident or fall from a ladder. This level of trauma can be very serious and warrants a trip to the ER. Patients may have head or internal injuries in addition to the visible orthopaedic injuries, and so it's best to be evaluated in a facility with access to CT scans, imaging devices and trauma surgeons.

However, low-energy injuries such as sprains, strains and even fractures

can be treated in the urgent care setting or the next day by your orthopaedic provider. Most fractures, even in children, don't need to be treated in the ER unless there is a deformity in the affected limb, or an associated wound on the skin. Splinting, ice and elevation should be performed to decrease pain and swelling after the injury and prior to visiting a physician. Over the counter pain medicines, such as Tylenol and NSAIDs, are recommended.

Know which sports injuries can wait

Head injuries should always be treated as an emergency, regardless of how they are sustained, due to the patient's risk for a concussion. Concussions are very serious, but can typically be examined and ruled out by an athletic trainer or physician if the injury occurs during an organized sport. If you do experience a concussion, or receive a head injury without a trainer or physician present, you should seek emergency care.

Most other sports injuries can be treated in the urgent care setting or by an orthopaedic provider the next day, even if you can't finish the game. If it's more serious than a sprain, strain or fracture – such as an ACL tear – the ER and urgent care clinic would likely refer you to

an orthopaedic surgeon to treat the injury. You can save time and money by going straight to an orthopaedic provider and calling your primary care doctor for a referral.

Plan for medical treatment

Many patients assume that a bone is not broken, or an injury isn't serious, if they can still move the affected area. But ligaments, tendons and muscles hold bones together, allowing them to still move even if they are broken. In some cases, this can cause it to shift or displace, necessitating further correction. Similarly, some patients have a high threshold for pain and can tolerate walking on or using a broken bone – which is likely to further aggravate the injury. If you suspect an injury, visit urgent care or your orthopaedic surgeon for proper care and don't try to tough it out.

Not all injuries are an emergency. And if you can tell the difference, you can save significant time and money while still receiving high-quality care.

Dr. Subir Jossan and Dr. Steven Neufeld both practice throughout Northern Virginia with The Centers for Advanced Orthopaedics, the largest private orthopaedic provider in the country. Dr. Jossan also serves as Treasurer.



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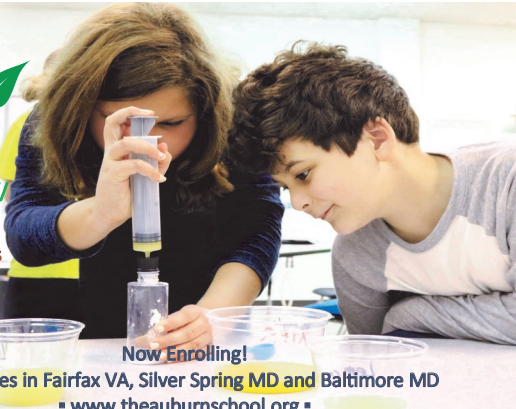
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How to Oversee Your Child's Studies

Without Going Too Far

TEXT: Ann Dolin

One of the toughest parts about seeing your kids through school is deciding to “let go.” To let them take responsibility, make mistakes and “learn how to learn” under their own control.

But what happens when they get stuck, and aren't able (or willing) to figure it out on their own?

Whether that's on their first algebra assignment, or a lingering book report where the due date has come and gone, sometimes it's really hard to know when to step in and how to direct them without helping too much.

When it comes down to it, our problem as parents is this: It's incredibly tempting to check online or in your kid's backpack to see what's due. Or it's natural to jump in to help with homework at the first sign of struggle, especially if our children aren't forthcoming about their workload or issues they're having in class.

But in an attempt to “help” we often go too far. We end up enabling our children by constantly checking to see what homework is due, and helping them get it done on time, even though this task should be their job. So, what should parents do?

Here are six recommendations:

1. A certain amount of involvement is appropriate for elementary-school students

Kids who are elementary school age haven't fully developed their executive functioning skills, and so aren't quite ready to go at it alone when it comes to planning and working through long assignments independently.

All this means in practice is that when you know there's an assignment coming up, sit down with them and ask, “What are the steps you're going to need to do to complete this?”

Instead of fully leaving it to them to work it out, open up a dialogue and try to let them come up with the steps. Then, when they get stuck, assist along the way. As they get the hang of it, you can help less and less over time. But don't be afraid to help the process along when they're young. The question shouldn't be, “Should parents help with homework?” but rather, “How much should we help?” at this stage.

2. If your kids are in middle or high school, resist the impulse to help

I recently spoke to one Fairfax, VA mom who was looking for a tutor.

She was in quite a quandary. She was making it a regular practice to tap into her freshman son's school portal each day and print out his assignments so they would be ready for him when he came home from school. When asked why she did this, she responded, "If I didn't, he would never do them."

One of the most important gifts a parent can give to their child is the ability to navigate life, including schoolwork, independently. Middle school is definitely the time to start. And in high school; it's a must.

They'll never have the opportunity to develop the skills they'll need if you don't set the stage for them to do these school preparations and tasks on their own. So again, work with them to get the process started, but then adopt a "hands-off" philosophy so that they have the chance to work through it themselves.

3. Give them the tools

Once your kids start working through their homework independently, inevitably you'll run across some issues with staying organized, getting their work done on time and studying ahead of time for tests.

So it's not usually enough to just set them loose on their work without helping them develop the skills they'll need to make their way through it. These include:

Organizational skills: This helps kids feel more in control of their work and confident that they have a handle on all of the homework and studying they have to do.

Time management skills: Which will help them get started on their work, stay focused and understand how long things actually take to finish.

And study skills: Which help them make better use of the time they do dedicate to homework and studying.

As the old allegory says: "Give a man a fish, and you feed him for a day. Teach a man to fish, and you feed him for a lifetime." And that couldn't be more true when it comes to studying and doing homework, so it's worth the investment.

4. Give them a choice

Expect that your student has a system in place to track assignments, projects and dates of quizzes and tests. It should be up to the student to determine which system works best for him or her, so give them a choice on how they want to accomplish this.

Some students find apps that run on smartphones or tablets are ideal for this application, where they are permitted. Others, although very few these days, prefer the old-fashioned assignment notebook.

5. Trust, but verify

Trust that your child has completed his daily assignments and planned out those that are long-term, but be wise enough to verify. This means that you may want to cross-reference what he says he has for homework against what is documented in the portal.

"Trust but verify" shouldn't be daily, but should be used when

you have that uneasy feeling that work has gone undone. Ask your child to log onto the portal with you there; do not do it on your own.

6. Work on communication rather than the schoolwork itself

The question remains, "What do you do if the work still goes undone without your support?" The answer is complicated because the obstacle is typically deeper than missing assignments. So often, there's a problem with communication.

Schedule a time to sit down with your child and discuss the issue without nagging or judging him. When kids feel as if their parents listen to them, they are more likely to listen to their parents. I recommend a fantastic book and one that changed the way I deal with the students I teach and my own children. It's called, "How to Talk So Kids Will Listen and How to Listen So Kids Will Talk" by Adele Faber. Check it out. It's an easy read and so worth it.

In the end, communication is key and will help you navigate sticky situations when it comes to helping with schoolwork.

Ann Dolin is the founder and president of Educational Connections Tutoring, serving Northern VA, D.C., and MD. She and her tutors travel to students' homes to help them improve their confidence and grades through 1-to-1 tutoring and organization/time management coaching. Learn more at ectutoring.com.

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CONTINUED ON PG. 26

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9504 Brunett Avenue Silver Spring, MD 20901

Ages: Toddler-K

LEPORT SCHOOL BROADLANDS

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703-810-7808
42945 Waxpool Rd., Ashburn, VA
Ages: Toddler-Grade 3

LEPORT SCHOOL CHANTILLY

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571-222-4728
4550 Walney Rd., Chantilly, VA
Ages: Toddler-Grade 3

LEPORT MONTESSORI SCHOOL POTOMAC FALLS

leportschools.com/nova; potomacfalls@leportschools.com
571-222-6628
20685 Fernbank Ct., Sterling, VA
Ages: Infant-K

LEPORT MONTESSORI SCHOOL RESTON

leportschools.com/nova; reston@leportschools.com
703-810-7811
11579 Cedar Chase Rd., Herndon, VA
Ages: Toddler-K

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bouncingbambini.com; bouncingbambini@gmail.com
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Rock Creek Dance Academy, 5209 Alta Vista Rd., Bethesda, MD
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20 Local Turkey Trots

Before you sit down to gobble up turkey with all the trimmings, lace up your shoes and get moving! These community races offer a variety of distance runs, plus walks and kids' events to get the family outside burning off that pumpkin pie!

MARYLAND

1. THE GREAT PUMPKIN RUN

Nov. 4, 8:00 a.m.

7612 Willow Rd, Frederick, MD

5K | \$40-\$50

thegreatpumpkinrun.com/events/maryland

2. ANS 12TH ANNUAL TURKEY TROT

Nov. 18, 8:30 a.m.

104 Port Tobacco Rd., La Plata, MD

10K/5K | \$10-\$30

active.com/la-plata-md/running/distance-running-races/ans-12th-annual-turkey-trot-5k-10k-run-walk-2017?cmp=39-34-156210&lclickid=10_44516623_e910d5c2-004a-4f34-b9d7-515ea1bc5b10&cmp=39-34

3. ST. LOUIS SCHOOL ANNUAL GOBBLE WOBBLE

Nov. 18, 12:00 p.m.

12500 Clarksville Pike, Clarksville, MD

5K | \$15-\$30

<http://stlouisparish.org/school/gobble-wobble>

4. CRANBERRY CRAWL

Nov. 18, 7:50 a.m.

Carderock Recreation Area

Carderock, MD

10K/5K | \$5-\$15

active.com/carderock-md/running/distance-running-races/cranberry-crawl-5k-and-10k-2017?cmp=39-34&lclickid=10_44471370_06ea04f7-a32c-488b-a7cf-ae892b5e3e0d&lclickid=254301

5. THE COLUMBIA TURKEY CHASE

Nov. 19, 8:00 a.m.

8850 Stanford Blvd., Columbia, MD

10K | \$5-\$85

columbiaturkeychase.com

6. 15TH ANNUAL TURKEY TROT

Nov. 23 | See website for start times

William Talley Rec Center

2nd & Bentz St., Frederick, MD

5K/1K | \$15-\$30

<http://waystationinc.org>

turkey_trot_15/#race

7. MCRR'S TURKEY BURN OFF

Nov. 25, 8:30 a.m.

11950 Clopper Rd., Gaithersburg, MD

5 & 10 Miler | \$10-\$20

mcrrc.org/calendar-event/turkey-burnoff-2017

8. THANKSGIVING DAY TURKEY TROT

Nov. 23, 2017 9:00am

Run through downtown Annapolis.

Prize awarded for best turkey costume.

Post-run refreshments will be served.

Strollers, kids, and dogs are welcome

to join in on the fun! Registration

required. Free.

9. TURKEY CHASE CHARITY RUN

Nov. 23 | See website for start times

9401 Old Georgetown Rd.

Bethesda, MD

5K | \$10-\$52

turkeychase.com

NORTHERN VIRGINIA

10. ALEXANDRIA TURKEY TROT

Nov. 23, 9:00 a.m.

1005 Mt. Vernon Ave., Alexandria, VA

8K | \$5-\$25

alexandriaturkeytrot.com

11. ARLINGTON TURKEY TROT

Nov. 23, 8:00 a.m.

3020 N. Pershing Dr., Arlington, VA

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arlingtonvatrkeytrot.org

12. ASBURN FARM THANKSGIVING DAY 10K RACE

Nov. 23, 8:00 a.m.

Crossroads United Methodist Church

10K/5K/2K | See website for

registration

<http://runwashington.com/race-detail/?race=16644>

13. FAIRFAX TURKEY TROT

Nov. 23, 9:00 a.m.

10420 North St., Fairfax, VA

5K | \$35-\$45

runpacers.com/race/fairfax-turkey-trot

14. FREEZE YOUR GIZZARD

Nov. 18, 9:00 a.m.

Leesburg, VA

5K | \$10-\$25

<http://leesburgva.gov/government/departments/parks-recreation/festivals-community-events/freeze-your-gizzard>

15. PRINCE WILLIAM TURKEY TROT

Nov. 23, 8:30 a.m.

9100 Freedom Center Blvd.

Manassas, VA

1 Mile/5K | \$15-\$40

<http://funrunracing.com/the-pw-5k-turkey-trot>

16. TURKEY DAY 5K

Nov. 23, 8:00 a.m.

11400 South Lakes Dr., Reston, VA

Tot Trot/1 Mile/5K | Free-\$30

<http://praces.com/turkeyday>

WASHINGTON, D.C.

17. HOT CIDER HUSTLE

Nov. 4, 9:00 a.m.

2400 East Capital St. SE

Washington D.C.

5K/10K/15K | See website for

registration

<http://hotciderhustle.com/dc>

18. VETERANS DAY 10K

Nov. 12, 8:00 a.m.

Ohio Drive, SW across Independence

Avenue from the Lincoln Memorial,

Washington D.C.

10K/2 Mile Walk | \$15-\$45

runpacers.com/race/veterans-day-10k

19. TURKEY TUMBLE FOR AUTISM

Nov. 19, 8:00 a.m.

Georgetown, Washington D.C.

5K/10-Miler | \$25-\$50

<http://bishopsevents.com/event/2017-turkey-tumble-autism-5k-10-miler>

20. TROT FOR HUNGER

Nov. 23 | See website for start times

13th St., NW and Pennsylvania Ave.

Washington D.C.

5K | See website for registration

http://support.some.org/site/TR/Events/TR/Events/TROT2016?fr_id=1190&pg=entry

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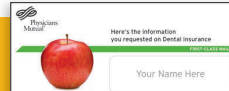
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Ages: 18 months-Grade 6
Open House:
2017: Nov. 3, Dec. 1
2018: Jan. 5

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beauvoirschool.org; margaret.hartigan@cathedral.org
202-537-6493
3500 Woodley Rd., NW, Washington, D.C.
Grades: PreK-Grade 3
Open House:
2017: Nov. 12, 1 p.m.

GEORGETOWN DAY SCHOOL

gds.org/campsandclasses; campsandclasses@gds.org
202-274-1683
4530 MacArthur Blvd., NW, Washington, D.C.
Open House:
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jpds.org; sindy.udell@jpds.org
202-291-5737 ext. 2207
6045 16th St., NW (North Campus), Washington, D.C.
4715 16th St., NW (South Campus), Washington, D.C.
Ages: 4-12 (Middle School opening Fall 2018)
Hours of Operation: 8:30 a.m. - 3:30 p.m.
Open House:
2017: Nov. 15, 7 p.m.; Dec. 8, 9 a.m.
2018: Jan. 5, 9 a.m.

ST. COLUMBA'S NURSERY SCHOOL

columba.org; school@columba.org
202-742-1980
4201 Albemarle St., NW, Washington, D.C.
Grades: Nursery-PreK
Open House:
2017: Nov. 14, Dec. 7
2018: Jan. 10, Jan. 25, Feb. 7, Feb. 22

Maryland

ACORN HILL: A WALDORF KINDERGARTEN AND NURSERY

acornhill.org
301-565-2282
9504 Brunett Ave., Silver Spring, MD
Open House:
2017: Nov. 2, Dec. 7, 9:15-9:45 a.m.
2018: Jan. 11, Feb. 1, Mar. 1, Apr. 5, 9:15-9:45 a.m.

THE AUBURN SCHOOL

theauburnschool.org; info@theauburnschool.org
410-321-4799
1710 Dulaney Valley Rd., Lutherville, MD
301-588-8048
9545 Georgia Ave., Silver Spring, MD
Grades K-Grade 8
Open House:
Call to schedule a tour.

BARRIE

barrie.org; admission@barrie.org
301-576-2800
13500 Layhill Rd., Silver Spring, MD
Ages: 18 months-Grade 12
Open House:
2017: Drop-In Tour Nov. 10, 10-11:30 a.m.

THE BETHESDA MONTESSORI SCHOOL

bethesdamontessori.com; admissions@bethesdamontessori.com
301-986-1260
7611 Clarendon Rd., Bethesda, MD
Ages: 3-6
Open House:
Tours available by appointment only, every day 9:30 a.m.

FEYNMAN SCHOOL

feynmanschool.org; admissions@feynmanschool.org
301-770-4370
6300 Tilden Ln., N. Bethesda, MD
Grades: PS-Grade 8
Open House:

2017: Nov. 15, 7-8:30 p.m.; Dec. 10, 3-5 p.m.

ONENESS-FAMILY SCHOOL

onenessfamilymontessorischool.org

301-652-7751

6701 Wisconsin Ave., Chevy Chase, MD

Open House:

2017: Nov. 10, 9:30 a.m.

THE SIENA SCHOOL

thesienaschool.org; info@thesienaschool.org

301-244-3600

1300 Forest Glen Rd., Silver Spring, MD

Grades: Grade 4-Grade 12

Open House:

Tours every Wednesday at 9:30 a.m.

SPRING BILINGUAL MONTESSORI ACADEMY

spring-bilingual.org; info@spring-bilingual.org

301-962-7262

3514 Plyers Mill Rd., Kensington, MD

Ages: 2-6

Open House:

2017: Nov. 11, 10 a.m.-Noon

2018: Jan. 6, 10 a.m.-Noon

THE AUBURN SCHOOL

theauburnschool.org; info@theauburnschool.org

703-793-9353

3800 Concorde Pkwy., Chantilly, VA

Grades: K-Grade 8

Open House:

Call to schedule a tour.

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43629 Greenway Corporate Dr., Ashburn, VA

Grades: Infant-K

Open House:

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703-961-8222

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Virginia

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Ages: 2-6

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browneacademy.org; auxiliary@browneacademy.org

703-960-3000

5917 Telegraph Rd., Alexandria, VA

Open House:

2017: Nov. 10, Dec. 10

2018: Jan. 9

EDLIN SCHOOL

edlinschool.com; director@edlinschool.com

703-438-3990

10742 Sunset Hills Rd., Reston, VA

Ages: K4-Grade 8

Open House:

2017: Nov. 18, 10 a.m.-1 p.m.

FAIRFAX CHRISTIAN SCHOOL

fairfaxchristianschool.com; khs@studyfcs.com

703-759-5100

1624 Hunter Mill Rd., Vienna, VA

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LEPORT MONTESSORI ALDIE

leport.com/nova; aldie@leportschools.com

703-810-7160

24328 Marrwood Dr., Aldie, VA

Grades: Infant-Elementary

Open House:

Please see Open House dates on website at leport.com/nova.

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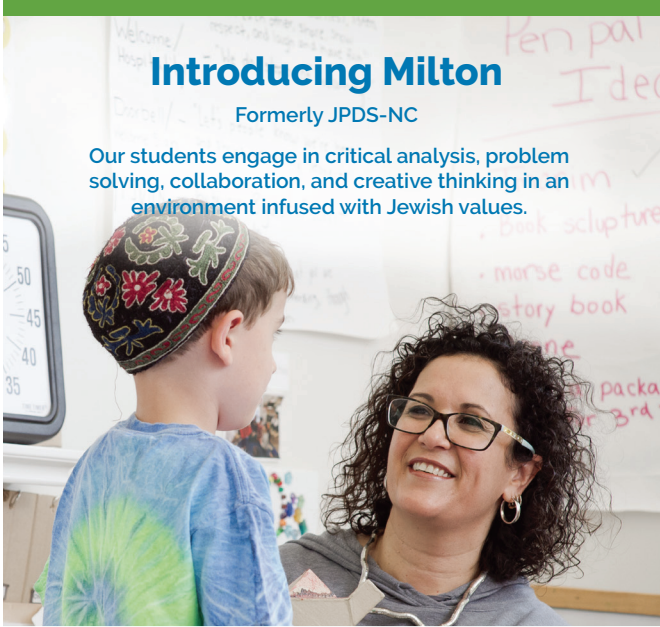
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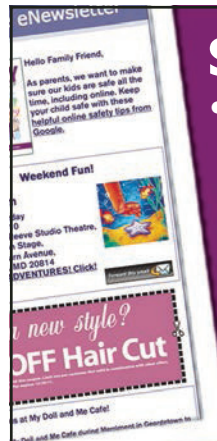
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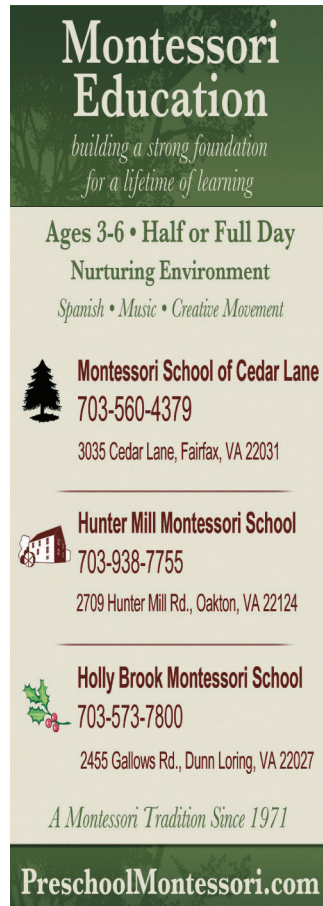
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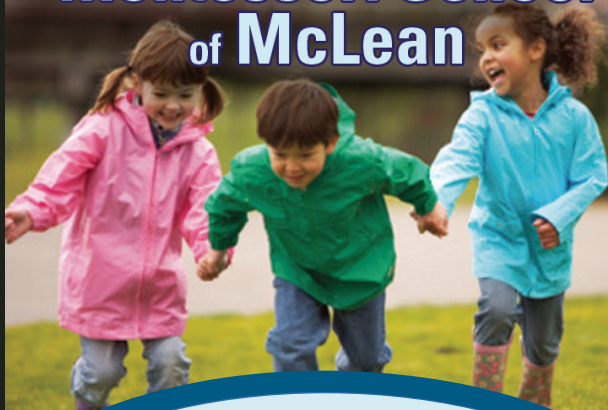
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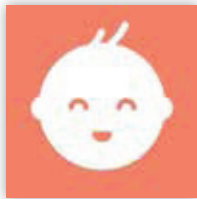
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